

# REW Community Newsletter

'The Review'

Produced by: Rousay Community Association

Subscriber: Electronic

## Rousay Community Association

We are seeking a Secretary to join the Community Association.

Rousay Community Association is a voluntary organisation which organises events on the island, including dances and Bonfire Night, and also publishes The Review.

Interested? Contact Carole Maguire (821 234).

## What's On

### Tuesday, 1<sup>st</sup>

- Boxercise, Rousay School, 7.15pm
- Taversoe InnQUIZition, 8pm

### Friday, 11<sup>th</sup>

- Service, St. Mary's Chapel, Westness, 11.30am

### Saturday, 19<sup>th</sup>

- Rope Planters Workshop, The Craffthub, 11.30am - 2.30pm **PRE-BOOK**

### Friday, 25<sup>th</sup>

- Blide Trust Workshop, 11.30am - 2.30pm (tbc) **PRE-BOOK**

### Thursday, 31<sup>st</sup>

- Puppet Show, Rousay School, 2.15pm

### Every Monday

- Coffee Morning, The Craffthub, 11am - 1pm

### Every Wednesday

- Triangle Club, Church Centre, 10am-1pm
- Yoga, Rousay School, 3.30pm - 5pm

### Every Thursday

- Drop In Sessions - Knitting, The Craffthub, 11am - 1pm

### Every Friday

- Rainbows & Brownies, Rousay School, 3.10pm - 4.30pm

### Every Sunday

- Fatburn Extreme, Rousay School, 11am



## An afternoon Puppet Show

2.15pm Thursday, 31st May  
at the School



...all are welcome!

To subscribe, or to send in articles for the next edition of the REW Community Newsletter ('The Review'), please contact the Editor:

**Editor:** Kayleigh Tipper

**E-mail:** [kayleigh@aroundrousay.co.uk](mailto:kayleigh@aroundrousay.co.uk)

**Telephone:** 01856 821360

**Write:** Howdis Meadow, Rousay, KW17 2PR

**Deadline:** **27 May 2018 (5pm)** - late articles are not guaranteed to be included

Funder logo



From the community  
For the community



**The Taversoe**  
01856 821 325

**My Favorite Thing  
To Make For Dinner Is  
RESERVATIONS**

### Dinner Reservations

As the summer is fast approaching we are getting busier, and space is limited. I would kindly ask you to consider making a reservation should you wish to come in for a meal.

Many thanks for your understanding,  
Carey - 821 325

**Taversoe  
InnQUIZition**



Tuesday  
May 1st  
@ 8pm

Free Entry

Snowball Jackpot

Light Snack Supper



**Yoga**

Yoga is due to start again on  
**2 May at the Church Centre,  
Wednesdays, 3.30-5-00pm.**



## Rousay Tai Chi Chuan

The OIC 12 week trial of Tai Chi comes to an end on 01 May.

OIC are currently reviewing if Tai Chi will continue under their programmes (including Active Life/Islands).

Once I hear I will let everyone know, any Re-start date will be advertised in the Review and on posters displayed around Rousay.

Sorry for any inconvenience.

### Summer Opening Hours

(commencing Monday May 7th)

Monday - 11am to 5pm

Tuesday - Saturday - 11am to 11pm

Sunday - 11am to 10.30pm

Food served until 5pm (Monday),  
9pm (Tuesday to Saturday) and 7.30pm (Sunday).



### Service

The Former Bishop of Aberdeen and Orkney will be taking a service at St Mary's Chapel, Westness, on Friday 11 May (the day after Ascension Day) at 11.30 am.

All warmly welcome.



### Orkney Mobile Library

Visits to Rousay & Egilsay in 2018:

**Thursday 14<sup>th</sup> June**

**Friday 10<sup>th</sup> August**

**Thursday 4<sup>th</sup> October**

**Thursday 29<sup>th</sup> November**



By the time you read this we will be installed in our 'new home' at The Pier

**A huge THANK YOU to all the volunteers from our community who have given up time to help The Crafhub cic move to the new premises  
It is truly appreciated**

\*\*\*\*\*

Most of the hard work relating to the move has taken place but there is still much to be done and we now turn our thoughts to the future.

We will be working closely with 'At The Pier cic' to provide a comfortable welcoming community space over the coming months. So please bear with us during this transitional period.

We are looking for community ideas and suggestions from groups and individuals so please come and talk to us and we'll see what we can do to make things happen.

\*\*\*\*\*

As a Community Interest Company, The Crafhub cic thrives on community input and support and if you would like to get involved and be part of a growing team – just pop in for a chat, email or give us a call.

We are looking for voluntary **Directors** and **Helpers** to get us started in our new location. If you can spare a few hours, whether on a regular basis or just now and then, we'd be delighted to hear from you.

\*\*\*\*\*

## **MAY - Opening times**

**Mon – Sun**

**11am to 5.30pm**

**\*\*\***

**Every Monday – Coffee Mornings**

**11am to 1pm**

**£2 per session**

\*\*\*\*\*



## WORKSHOPS

Everyone welcome

### MARK COOK – Rope Planters

**Mark's workshops are very popular and well attended so book early if you can**

Saturday 19th May – 11.30am to 2.30pm

Cost £40 (£8 for residents 80% funded by REWDT) Materials and light refreshments included.

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### Coming Up – FREE workshop including lunch – Blide Trust

Friday 25<sup>th</sup> May - 11.30am – 2.30pm ( times tbc)

Nuno Felting with Kathy Potts

Aromatherapy sessions – one to one with Carol Shearer (Please contact us to book)

## DROP IN SESSIONS – KNITTING

**Every Thursday 11am – 1pm**

**Beginners welcome and Murray Stewart will be on hand for advice and assistance**

We look forward to announcing a program of workshops and events for the coming year. Please contact [crafthub@btconnect.com](mailto:crafthub@btconnect.com) or phone 821455 during our regular opening hours with any queries.

Booking essential for all workshops – please phone for more details

We'd also love to hear your ideas for future workshops

*please check our website for opening times, upcoming workshops and events*

please visit - [www.crafthuborkney.co.uk](http://www.crafthuborkney.co.uk)

go to our facebook page



### Wanted

Anyone with an old laptop or PC suitable for a 13-year-old (Jake) to do his homework?

Anything appreciated.

Call Mike Topham (07729 616 530).

### Triangle Club A.G.M.

The AGM is for 27<sup>th</sup> June 2018 – 11am  
Triangle Club, The Manse  
And we need a new Chairman and Secretary.  
Please invite who ever is interested to contact me in writing at Brinian House.

*Article sent by Julie Morgan*



## Allotment Association



### Membership

Annual membership is now due for the Allotment Association. If you have a plot, including the use of the sheds, and have yet to pay, please contact the office ASAP. If you wish to hire gardening equipment you will need to be a member, which costs only £5.00 per year.

### Equipment for hire

The equipment we have for hire:-

Rotovator (we have both a large and small rotovator available): £10 per day plus fuel

Strimmer: £10 per day or £2.50 per hour (if preferred) plus fuel

Shredder: £10 per day

Hedge Trimmer: £10 per day or £2.50 per hour (if preferred)

Lawn Mower: £10 per day

Trailer (needed for the safe transport of the large rotovator and the lawn mower): £10 per day

### Contact for plots or equipment hire

Plots are available now and the equipment is still available for hire. For information about the allotment plots, poly-tunnel plots or equipment hire, please contact Ian on 07879 496 686.

### Items for sale

We still have some Tricoflex and blue plumbing pipe, plumbing connectors and plant pots for sale, please ask Ian if you are interested in any of these items.

### Rousay Community Association Community Rooms Bookings

Community Rooms must be booked in advance. Failure to book may lead to the room you require being unavailable.

To book for your function, contact Sally:

Telephone: 821 383

Mobile: 07522 647 794



### Orkney Citizens Advice Bureau

Next Rousay outreach visit: Wednesday 22<sup>nd</sup> August 2018, 11:30am to 2:30pm, in the Church Centre.

We are there to advise on any issue. To make an appointment or arrange a home visit, please contact 01856 875266 no later than Thursday 16<sup>th</sup> August.

## ROUSAY HEALTHY LIVING CENTRE

(01856 821 443)



Keep up to date with our official  
Facebook page and groups:

"Rousay Healthy Living Centre"  
"Rousay Fatburn Extreme"  
"RHLC Buddy System"  
"Rousay Boxercise"

### Opening Hours

#### Supervised Session Hours

Monday 19:00 - 21:00 \*  
Tuesday 19:00 - 21:00 \*  
Wednesday x x x  
Thursday 19:00 - 21:00 \*  
Friday x x x  
Saturday 16:00 - 17:00  
Sunday x x x

\* The gym closes at 20:15 if empty

#### Buddy System Hours

Monday 09:00 - 17:00 \*  
Tuesday 09:00 - 17:00 \*  
Wednesday 09:00 - 17:00 \*  
Thursday 09:00 - 17:00 \*  
Friday 09:00 - 17:00 \*  
Saturday x x x  
Sunday 10:45 - 11:45 \*\*

\* During School Term Times

\*\* During Rousay Fatburn Extreme

## BOXERCISE®

Tuesday May 1st @ 7.15pm

Rousay Community School Hall

Free for ActiveLife &  
ActiveIsland Members

50p for Budget Members

£4.25 Standard Session Fee

This will be the last session until  
September. Why not give it a go?

## FATBURN EXTREME

Rousay Community School Hall  
Sunday 11am

FREE - ActiveLife & ActiveIslands

50p - ActiveBudget Members

£4.25 - Standard Session Fee

Due to low attendance numbers the  
Wednesday session has been cancelled

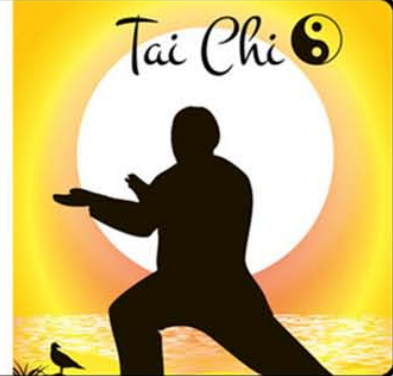
### YOGA

Limited Spaces Available  
Please call the OIC on 873535  
ext 2408 to book your place



Yoga

Yoga  
&  
Tai Chi  
Included in  
ActiveLife &  
ActiveIslands



Tai Chi

### First Peedie Lap 5K Race

As part of the REWDT's continued Well Being offer this year we will be holding our first 5K FUN Race. This will also help us to celebrate our 10<sup>th</sup> Rousay Lap anniversary this year, whilst also responding to the feedback from last year's Rousay Lap Half Marathon participants for a Peedie Race. If you have never run before and want to give it a go, have you thought about trying the BBC's 'Couch to 5K' challenge? Search online for details of the 5K programme and access lots of resources.

The date for your diary is 9 June 2018, registration from 10 a.m. at the Heritage Centre. The race is for all ages and abilities to run or walk from the top of the Pier Road to the Fire Station and back. Primary age children can cycle with their parents/guardians, but this is not a cycle race, but more of a 'fun' running or walking event. If you want to help out on the day, we will be looking for water stop marshals and people at registration and on the finish line, please let us know ASAP if you can help.

Everyone who enters will receive a certificate and medal. We look forward to seeing you at the start line.

### Stone Chippings Scheme

The Stone Chippings Scheme applications will be approved at the May Board Meeting and letters will then be sent to all applicants. Once again, Brian Kemp Haulage will be supplying the chippings, and Davey Farquhar will be spreading, if requested by the applicants.

Those who receive an award will be notified in a letter. For a delivery date for the Stone Chippings, successful applicants will be contacted either by the Development Trust or by Brian Kemp Haulage directly. Please do not contact either Brian Kemp or the REWDT unless it is to provide additional delivery information after you have been informed of your delivery date. The laying of the chippings will not necessarily be in the same week as delivery. We will keep you all individually informed.

### Play Park & Allotment Areas

It has been reported to the DT offices that there has once again been damage at the site and that this has been caused by children playing unsupervised. Specifically, this time the removal of rubber pellets from an outside plot and then these thrown around the area and into the road, plus the emptying of the water from 2 IBC containers. As a result of this, the allotment area is now closed to children unless accompanied by an adult and we respectfully ask all parents to abide by this, from now on.

### Your Personal Data, REW DT and the new GDPR Act (General Data Protection Regulations)

The REWDT and its trading subsidiaries hold many of our residents' names, addresses, and email/phone contact information, so that we can involve you in our charitable activities. We use this to write and sometimes to email charities, project partners, and when engaging in consultations, including inviting you to our AGM each year.

Under the new General Data Protection Regulation, effective from 25 May 2018 (you may have heard reference to the GDPR in the news), REWDT considers such data handling to be a "legitimate interest" and refers to use pertinent to what a member of a charity (or resident) would reasonably expect. However, as individuals, you retain the right to manage how we use your data:

- If you wish to stop receiving our letters and emails at any time, please contact the office.

And/or

- To tell us to update or remove your details, or for other queries about REWDT, its subsidiaries, membership and/or your personal data, please contact Helen at the office.

## Rousay, Egilsay & Wyre Development Trust

### Community Update: May 2018

#### Residents Survey 2017/18

The new survey reports are now available on our website, where the final versions of the surveys for Adults, Primary School aged children and Secondary School aged young people can be downloaded. The first survey question was 'What would you especially like the Trust to do for you?', the answers received have been collated as a 'Mind Map' and can be viewed via a link from the website too. Hard copies have been placed around the three islands for people to read, the locations are: Rousay, Egilsay & Wyre waiting rooms, The Craithub, Islands View Surgery, Rousay Post Office, Marion's Shop, the Eynhallow, the Church Centre, and The Taversoe. Copies are also available at the DT offices.

The directors will use the report to improve services where possible and start projects linked to the report findings. There will be more updates on the DT's progress in future Reviews.

#### Land at Trumland Estate

REWDT are shortly to welcome their Case Officer for the Scottish Land Fund to the island and will also be welcoming the Consultants who were appointed during March, during a separate visit. Individuals, groups and organisations who may have an interest in this project have also been electronically introduced to the Consultants.

#### Getting Online for the Over Fifties

This helpful free service has been set up to encourage and help our 'slightly older folk' to get online. The main focus of the club is to offer a friendly service where Clare Daintith will help you with any issues, big or small on iPads, Hudls, Kindles, Smartphones, any other tablets and general laptop usage.

If anyone would like some IT Support in their own home, so you can keep in touch with family and friends or to set up internet banking and any other online issues please give Clare a call on 01856 821287.

Clare will be setting up a monthly drop-in computer club at the Manse with refreshments and baked goods and the internet. If anyone is interested in attending, please let Clare know. Dates are still to be confirmed and will be advertised in the Review.

### Rousay 5k Peedie Lap

Please can residents try to avoid parking in front of the Heritage Centre where the participants will be registering and to the west of the top of the Pier Road which is the 5K Peedie Lap start line and if possible along the Pier Road **from 11:30am on Saturday 9<sup>th</sup> June** until after all participants have cleared the area. This will allow for a smoother start of the Rousay 5K Peedie Lap (start time 12:00 noon) and avoid any potential accidents.

Please can car drivers take care during the afternoon as there will be runners and walkers plus a few children cycling with their parents along the Rousay 5K Peedie Lap route which is along the circular road from the start line anti-clockwise up to the Fire station and back to the gates of Trumland House. The race will end at 16:00 at the latest.

Thank you for your consideration.

If anyone would like to help out at the Rousay 5K Peedie Lap, be a marshal, help with registration or on the finish line, please contact Helen at the REW DT offices. Thanks.



# Rousay, Egilsay & Wyre Development Trust

## Community Update: May 2018

### Shredded Paper - Great for Composting

The REWDT office has, from time to time, bags of shredded paper, which can be used for composting. If anyone would like a bag, please let the office know and we can arrange for you to collect when available.

Here's some of our current funds. For more information, please contact us.



### Education Bursaries

Nationally-recognised qualifications only. Up to 80% of costs, up to a maximum of £500 (adults) & £100 (children) per financial year.



### Driving Lessons

Via a recognised driving school.

Up to 80% of costs, up to a maximum of £500 per financial year.

### Well Being Grants

This grant scheme covers sporting, craft, art and other non-certified learning and general well being courses/workshops/events, including Active Islands or Active Life membership, and is for individuals and groups.

Up to 80% of costs, up to a maximum of £500 (adults) & £100 (children) per financial year.



Regular help with a range of household tasks, at a rate subsidised by the Trust.

Contact Age Scotland Orkney direct:  
Telephone: 01856 872438 (Gillian)  
E-mail: [gillian@ageconcernorkney.org.uk](mailto:gillian@ageconcernorkney.org.uk)

### Car Club



Our electric car is available to book from as little as one hour or for as long as you need.

Application Forms, FAQs, & T&Cs on our website or contact us.

### Stone Chippings Scheme



2018 Scheme now closed to applicants

### 2018/19 Grant Applications and Education Bursaries

For a grant application form, please go to our website or contact the Office.

All applications must be received a minimum of **two weeks** before the training/event/payment due date, whichever is earliest, as well as a minimum of **two weeks** before the planned Board meeting date. This is to allow sufficient time for applications to be processed.

### Opening Hours

Our 'Drop-In' times are Monday/Tuesday/Wednesday 10am-3pm. Outside of these hours, the inner door to the Manse may be locked. Thursday & Friday is by appointment only; this is to allow staff dedicated time to complete their work, without distraction.

Occasionally, all of the staff are away from the office on DT business, so if you wish to speak to us, it is always better to phone first, to make an appointment.

The next two Board Meetings are planned for  
**Wednesday 16<sup>th</sup> May 2018**  
& **Wednesday 20<sup>th</sup> June 2018.**



**Free Wi-Fi access** (plus access to a laptop and printer):  
10am to 12 noon (Monday, Tuesday, Wednesday).  
Contact us to arrange an appointment outwith these times.

### Contact Us

Telephone: 01856 821 229    E-mail: [info@rewdt.org](mailto:info@rewdt.org)    Website: [www.rewdt.org](http://www.rewdt.org)     Facebook: [www.facebook.com/rewdt](http://www.facebook.com/rewdt)

#### Directors:

John Garson (Chair), Gill Wigley (Vice-Chair), Kayleigh Tipper (Treasurer), Hilary Byland, Christina Cox, Carole Maguire, Bryan Milner, Eric Shortland, & Alan Odling. Mark Hull is a co-opted director.

**Rousay, Egilsay and Wyre Development Trust** is a charitable company limited by guarantee.

Co. Reg. No: SC318527 Charity Reg. No: SC040407

Registered Office: The Manse, Rousay, Orkney, KW17 2PR

# FIRST ANNUAL ROUSAY 5K PEEDIE LAP

## 9th JUNE 2018

**ALL AGES & ABILITIES WELCOME!**



Run or walk from the top of the Pier Road  
to the Fire Station and back  
Under 12s permitted to cycle accompanied by an adult

**PLUS...ROUSAY FIRE STATION OPEN DAY!**



Enjoy some water, have a look around  
the Rousay Fire Station and see the fire engine!



**FREE ENTRY - DONATION TO RNLI  
STARTS 12 NOON  
REGISTRATION 10:00– 11:45**

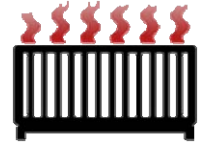
To book a ferry in advance, phone 01856 751360

Tingwall to Rousay- 8:40 & 10:40  
Rousay to Tingwall- last boat at 17:30

Further information and entry forms online  
[www.rewdt.org](http://www.rewdt.org) or phone 01856 821 229



Heat Smart Orkney Ltd



**DIVERTING UNUSED RENEWABLE ENERGY INTO AFFORDABLE HEATING**

For more information or to join the project contact us:

Phone: **01856 821277**

Email: **info@heatsmartorkney.co.uk**

Alternatively, learn about our progress on **Facebook** by searching **Heat Smart Orkney** and on the web at **www.rewdt.org/HSO**



EUROPE & SCOTLAND  
European Social Fund  
Investing in a Smart, Sustainable and Inclusive Future

**Advice, assistance and support is available from  
THAW Orkney on 6<sup>th</sup> June 2018**

**10.00am – 12.00noon  
& 1.00pm – 2.30pm  
at The Manse**

**Could you pay less for your electricity?  
Could you be warmer in your home?**

**THAW has helped many Orkney residents reduce their fuel bills by several hundred pounds a year and be warmer in their homes – perhaps we could help you?**

Come along to **The Manse** and one of our team will be able to answer any questions you may have and see what assistance is available. **You don't need an appointment**, but if you'd like a specific time to meet with an adviser, or a home visit, then please telephone us on **01856 878388** and we'll make the arrangement.

THAW is a local charity whose services are **independent, confidential and free.**

If you'd prefer and would like assistance either in our Kirkwall office or in your own home, then please contact THAW Orkney on:  
**telephone: 01856 878388**  
or email: [info@thaworkney.co.uk](mailto:info@thaworkney.co.uk)



THAW Orkney is a SCIO charity number SC045272

## Stephen Clackson's Letter from School Place

April 2018

### Telling your what your councillor is doing for you at OIC and beyond

As promised in my last *Letter from School Place*, here is a photograph of the Sanday walrus. It was taken by my son, Dunstan shortly before it was "chased" back into the sea by an annoying seagull. After that, it continued its journey south to Caithness and Sutherland. It was spotted ashore at Dunnet Head on the 19<sup>th</sup> March and in the sea at Armadale on the 22<sup>nd</sup>.



"Wally" the Sanday walrus (by Dunstan Clackson, 10<sup>th</sup> March 2018)

Over Easter, councillors were in recess, so there has not been a huge amount of council activity for me to report on.

At the Education, Leisure & Housing Committee meeting, on the item "Orkney Schools Attainment", I asked why the percentages of pupils achieving the appropriate "Curriculum for Excellence" levels in literacy (reading, writing, listening & talking) and numeracy are consistently below the national average at Primary 1, Primary 4 and Primary 7 and do not improve until next recorded at Secondary 3. The reason given was that more moderation work needs to be done to make the assessment criteria uniform across Scotland. In other words, in some places (like Orkney) schools mark harder than in others, and this needs to be evened out. I accepted this explanation, but we must not be complacent.

A so-called "away day" was organised for the Education, Leisure & Housing Committee. Setting out from School Place on a warm April day, we were taken by bus (see picture below) on a tour of: Dounby Community School (where we took elevenses with delicious cake and biscuits baked in the school kitchen), the Ness of Brodgar (where Nick Card described the archaeological work and its impact on tourism), Stromness Academy (where we enjoyed a working lunch cooked and served by home economics pupils), the Point of Ness Campsite (with its shortcomings graphically detailed by keen motorhomer and frequenter of such campsites, Councillor Andrew Drever), finishing up at Stromness Swimming Pool before heading back to Kirkwall. These facilities all fall under the remit of the Committee, and it was an altogether most instructive day for us. I was pleased to learn that pupils at Dounby Community School are getting training in how to touch-type. This is such an essential skill to have if you are to get the most out of using a computer keyboard—just as to write or draw well, one needs to be taught how to use a pen and pencil properly. I want touch-typing to become a core part of the Orkney primary curriculum.

This month, I've also attended meetings of the Monitoring & Audit Committee, Orkney Health & Care Committee and Policy & Resources Committee; a members' session; a seminar by Jonathan Hinkles (Managing Director of Loganair Ltd) updating us on operations, and a reception (on St Magnus' Day) marking the launch of our recently promoted *Institute for Northern Studies* and inaugurating the 4<sup>th</sup> *International St Magnus Conference*, which the *Institute* was hosting.

As you may have heard on *BBC Radio Orkney* ("Around Orkney", 11<sup>th</sup> April) or read in *The Orcadian* (19<sup>th</sup> April, page 4), I am making a "last ditch" attempt to overturn the cut of £65,000 affecting additional support for learning by submitting a "notice of motion" to the General Meeting on the 1<sup>st</sup> May. Because this "notice of motion" is asking a recent Council decision to be reconsidered, it needed six supporting countersignatures in addition to my own, and I am pleased to say that this support was readily forthcoming. I now hope enough support from other councillors will be forthcoming on the day.



Cllr Dr Stephen Clackson  
West Manse, Sanday  
stephen.clackson@council.orkney.gov.uk

