

REW Community Newsletter

January 2018

'The Review'

Produced by: Rousay Community Association

Subscriber: Electronic

MUSIC

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Come along to **PIER RESTAURANT**
on **WEDNESDAY 3RD JANUARY**
2.30 till 5.30.



Enjoy an afternoon of music.
Say goodbye to 2017
and welcome in 2018.



Everybody invited.

If you play anything please bring it along.

What's On

Wednesday, 3rd

→ Music Music Music, Pier Restaurant, 2.30pm - 5.30pm

Tuesday, 9th

→ SWI 'Music & Photography' Open Meeting, Rousay School, 8pm
→ Taversoe InnQUIZition, The Taversoe, 8pm

Wednesday, 17th

→ Care in the Isles Workshop, Church Centre, 2pm - 4pm

Friday, 19th

→ Service, St. Mary's Chapel, Westness, 11.30am
→ Mindfulness (Blide Trust workshop), The Crafhthub, time TBC

Sunday, 28th

→ Chinese Buffet, The Taversoe, 12.30pm
PRE-BOOK

Wednesday, 31st

→ Yoga, 3.30pm - 5pm **PRE-BOOK**

Every Monday [except 1st January]

→ Coffee Morning, The Crafhthub, 11am-1pm
→ Bridge, Rousay School, 7.30pm

Every Tuesday

→ Boxercise, Rousay School, 7.15pm (7pm for absolute beginners & refreshers)

Every Wednesday

→ Triangle Club, Church Centre, 10am-1pm
→ Fatburn Extreme, Rousay School, 7pm

Every Sunday

→ Fatburn Extreme, Rousay School, 11am



Rousay SWI invites you all to an
Open Meeting
of
Music and Photography
with James Grieve

on Tuesday 9th January 2018, 8pm
at Rousay School
Refreshments and Raffle

Competition:

A Rousay Photograph

(Next meeting will be
Bridge and Whist Night
13th February)

Weekly Bridge Sessions



Monday 8th January until
the end of March

Rousay
Community School

7.30pm start

We would be delighted
to welcome new players
and this would be a very
good time to start if you
are new to the game as
tuition will be available.

To subscribe, or to send in articles for the next edition of the REW Community Newsletter ('The Review'), please contact the Editor:

Editor: Kayleigh Tipper

E-mail: kayleigh@aroundrousay.co.uk

Telephone: 01856 821360

Write: Howdis Meadow, Rousay, KW17 2PR

Deadline: **27 January 2018 (5pm)** - late articles are not guaranteed to be included

Funder logo



From the community
For the community



The Taversoe
01856 821 325

Chinese Buffet

12.30pm Sunday January 28th
Please call to book a table



January Closure

The Taversoe will be closed from the New Year until Wednesday January 24th, when we will resume our regular winter opening hours.

However during this time we will be open from 7pm on the following evenings: **Sunday 7th (Poker), Tuesday 9th (InnQUIZition), Sunday 14th (Poker), and Sunday 21st (Poker).**

Taversoe InnQUIZition



Tuesday
January 9th 2018
@ 8pm

(Second Tuesday
in January)

Free Entry

Snowball Jackpot

Light Snack Supper

Yoga

Yoga sessions every Wednesday,
3.30 - 5 pm, starting 31st January.



Enrolment from 8th January
with OIC, tel 87 3535.



Service

Service at St Mary's Chapel Westness,
Friday 19th January at 11.30 am.

All welcome.

Winter Opening Hours

(Commencing Wednesday January 24th)

Monday & Tuesday - CLOSED*

Wednesday - 5pm to 11pm**

Thursday & Friday - 12pm to 2pm & 5pm to 11pm**

Saturday - 12pm to 11pm**

Sunday - 12pm to 10.30pm**

Food served daily from

12pm to 2pm & 5pm till 9pm (Wed-Sat) and 7.30pm (Sun)

* We will be open on the first Tuesday of the month for The Taversoe InnQUIZition

** If The Taversoe is empty at 9pm, we reserve the right to close early

Special Refuse Collection

Tuesday 13th March 2018

To book, call Orkney Islands Council
(873535).

Winter Dance

Saturday February 17th

7.30 for 8pm

Curry Buffet

Live Music & Bar



Thank You

A huge thank you to Joyce and all the people of Rousay who have shown my family and me such overwhelming kindness during the past difficult weeks, I will never be able to thank them enough.

Sallie



Gone in the Wind!

Green side panel about 55cm x 50cm
off a Komp Compost bin
If you see it or have any spares ... let us know!

Frances Roebuck o' Glebe
821340 / 07850094093
Happy 2018 Gardening!!

Sorry I am late again but better late than never

As I am not sending cards
I have given a donation to the Triangle Club instead
and hope that you all have had
a very Merry Christmas and will have
a Happy and Prosperous 2018

Thinking of you all Edwin and Itha



Sarah, Chris and Alice would like to wish
everyone the best for the New Year
and hope you all had a good Christmas.



ROUSAY, EGILSAY, WYRE & GAIRSAY COMMUNITY COUNCIL

Removal of Scrap Cars Scheme

Limited funding is still available for the removal of scrap cars from Rousay, Egilsay and Wyre.

Scrap cars will be collected and delivered to Kirkwall, **free** of charge to the customer. You will be responsible for making necessary arrangements to have the car lifted on the lorry and make the necessary submissions to DVLA.

Applications should be submitted by **Thursday, 1 February 2018**.

If you have a scrap car that you wish to dispose of, or require further information, please contact the Interim Clerk, either by phone or email, as detailed below:-

Democratic Services, Orkney Islands Council, School Place, Kirkwall

Phone: 01856 873535 ext 2237

e-mail: rewgclerk@gmail.com or jackie.montgomery@orkney.gov.uk

Care in the isles – your ideas wanted!

A new research project is seeking to explore the provision of social care for older people in the island, and identify possible innovative models of care from other communities that could be adapted for use in Rousay. The research is supported by Robert Gordon University, Highlands and Islands Enterprise and Voluntary Action Orkney, and funded by the Aspiring Communities Fund with European Social Funds. The research team, Rosie Alexander and Dr Sue Barnard will be in Rousay on the 17th January and would like to hear your views!

You can join in by attending the island workshop being held on the 17th between 2-4pm at the Church Centre. You can also volunteer for an interview, and/or contribute your ideas in confidence via a suggestions box at the shop noticeboard or by contacting the research team directly. We are especially keen to hear from people who have some experience of care either as providers or recipients but are interested in all views. Please contact researcher Rosie direct to register your interest in the workshop, or to volunteer for an interview rosie.alexander@vaorkney.org.uk.

Rosie Alexander
Research Officer: Community Led Care
Voluntary Action Orkney

HLC



**ROUSAY HEALTHY
LIVING CENTRE**
01856 821 443



BOXERCISE®

TUESDAYS @ 7.15pm

*(7.00pm for absolute beginners
and those wanting a refresh)*

Rousay Community School Hall

*Free for ActiveLife &
ActiveIsland Members
50p for Budget Members
£4.25 Standard Session Fee*

*Boxercise is a fun, fast-paced exercise
class incorporating techniques of boxing
Participants must be a minimum of 16yrs old*

ROUSAY HEALTHY LIVING CENTRE

Supervised Session Hours

Monday 19:00 - 21:00 *
Tuesday 19:00 - 21:00 *
Wednesday x x x
Thursday 19:00 - 21:00 *
Friday x x x
Saturday 16:00 - 17:00
Sunday x x x

* The gym closes at 20:15 if empty

Buddy System Hours

Monday 09:00 - 17:00 *
Tuesday 09:00 - 17:00 *
Wednesday 09:00 - 17:00 *
Thursday 09:00 - 17:00 *
Friday 09:00 - 17:00 *
Saturday x x x
Sunday 10:45 - 11:45 **

* During School Term Times

** During Rousay Fatburn Extreme

FATBURN EXTREME

Rousay Community School Hall

Sunday 11am & Wednesday 7pm

FREE - ActiveLife & ActiveIslands
50p - Active Budget Members
£3.50 - Non Active Members



Keep up to date with our official Facebook page and groups:

"Rousay Healthy Living Centre" "Rousay Boxercise"
"Rousay Fatburn Extreme" "RHLC Buddy System"

Rousay Community Association Community Rooms Bookings

Community Rooms must be booked in advance. Failure to book may lead to the room you require being unavailable.

To book for your function, contact Sally:
Telephone: 821 383 Mobile: 07522 647 794



Rousay Post Office

Opening Times

Monday	9am-11am	2pm-3pm
Tuesday	9am-11am	2pm-3pm
Wednesday	9am-10am	
Thursday	9am-11am	2pm-3pm
Friday	9am-10am	
Saturday	9am-10am	



Rousay Tai Chi Chuan 2018

Now Free under the
Active Islands / Active Life Membership

Restarts on Tuesday 16th January
Then every Tuesday at the School.
New Exercises this Term.

1st hour Energy Exercises at 3:15
2nd hour Tai Chi Form at 4:15
Come for one or both.

All ages and abilities welcome.



www.facebook.com/orkneytaichi

Triangle Club

January is 'Get to know you month'



If you have time to spare and would like to
meet and chat to people
come along to the Triangle Club.

We have need of volunteers to help with setting up or
just participating in the games to make up groups for
scrabble and cards as well as assisting with outings.

We meet on Wednesdays at the Church Centre on
Rousay between 10a.m. & 1.00p.m.

Pop along and talk to the
Co-ordinator, Ann Strickland
who will be pleased to hear from you.

Free to a good home

R Reg Suzuki Swift
4 very good tyres

But it needs new spark plugs and leads and the
brakes need checking and possibly replacing.

Otherwise this is a good little island car.
I'm just not able to do the repairs myself.

Call 821 410 for more information.

Triangle Club Christmas Dinner

Many thanks to the Taversoe, Carey and family
who gave us a wonderful meal.

Eddie, Craig and Sinclair
who provided us with brilliant entertainment.

To the helpers,
couldn't have done it without you.

Wishing everyone all the best for 2018.

THE CRAFTHUB

Community Interest Company



HAPPY NEW YEAR

2018

to all our volunteers, crafters,
staff, suppliers and customers

JANUARY Opening
Every Monday – Coffee Mornings
Starting 8th Jan
11am to 1pm
£2 per session

WORKSHOPS

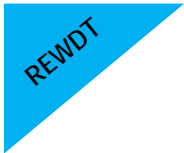
BLIDE TRUST – second of four workshops

Mindfulness - Friday 19th January 2018 - Times to be confirmed
Propagating in the polytunnel (talk)
FREE

Wishing everyone a
Healthy, Happy, Peaceful New Year

For up to date information on opening times and to book workshops
please visit - www.crafthuborkney.co.uk
email: crafthub@btconnect.com
phone: 01856 821455
go to our Facebook page





Happy New Year to everyone

Please note that the office will re-open after the Christmas period on Thursday 4th January 2018.

REW DT Directors

The directors of REW DT are: John Garson (Chair), Clare Daintith (Vice-Chair), Kayleigh Tipper (Treasurer), Bryan Milner, Eric Shortland, Hilary Byland, Carole Maguire, Stuart Sailor, Christine Cox, Gill Wigley & Alan Odling. Mark Hull is a co-opted director.

2016/17 Accounts

The board has now received and approved the accounts, and these will be available in the New Year on the REW DT website.

Fuel at Rousay Stores

The Trust is working with Rousay Stores to reduce fuel costs in REW. Contact Alan or visit the Shop for more details.

Getting Online for the Over Fifties

This helpful free service has been set up to encourage and help our 'slightly older folk' to get online. The main focus of the club is to offer a friendly service where Clare Daintith will help you with any issues, big or small on iPads, Hudls, Kindles, Smartphones, any other tablets and general laptop usage.

If anyone would like some IT Support in their own home, so you can keep in touch with family and friends or to set up internet banking and any other online issues please give Clare a call on 01856 821287.

Clare will be setting up a monthly drop-in computer club at the Manse with refreshments and baked goods and the internet. If anyone is interested in attending, please let Clare know. Dates are still to be confirmed and will be advertised in the Review.

REWDT Car Club

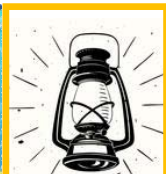
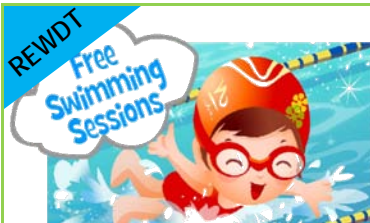
The Car Club Car is available for booking for as little as 1 hour (only costs £2.50) or for as long as you need (a whole day, 24 hours, is only £18.00).

Full details, including application forms, a list of Frequently Asked Questions (FAQs) and Terms and Conditions are available from the Trust's Offices, or from our website.

Free Swim Sessions

The DT is offering free swim sessions for all residents at the Pickaquoy Pool in Kirkwall. If you would like to take up this offer **and do not have an Active Life membership**, you must have a valid swim card. Please contact us for more information on how to get your free swim card.

Ask us for more information on the following things the Trust offers:



**Free rechargeable/
solar-powered lanterns**
Distributed by Islands View Surgery. Contact the Nurse (821 406) or Anne (821 265) at the Surgery.

Orkney age scotland Here2Help
Traditional home help service - regular help with a range of household tasks, at a subsidised rate.

Grant Schemes
General Grants,
Driving Lessons,
Educational Bursaries,
and Wellbeing



REWDT

Grant Applications and Education Bursaries

- General Grants
- Bursaries (for nationally recognised qualifications only), up to 80% or £500 (maximum of £1,500 in any 5-year period)
- Driving Lessons (via a recognised driving school - this funding will be available for 2016/17 only), up to 80% or £500 (maximum of £1,500 in any 5-year period)
- Wellbeing (this covers all sporting, craft, art and other non-certified learning and general wellbeing courses/workshops/events) and is for individuals and groups, up to 80% or £500 (maximum of £1,500 in any 5-year period)

For a grant application form, please go to our website or contact the Office.

All applications must be received a minimum of **two weeks** before the training/event/payment due date, whichever is earliest, as well as a minimum of **two weeks** before the planned Board meeting date. This is to allow sufficient time for applications to be processed.

The next Board Meetings are planned for Wednesday 17th January 2018 & Saturday 24th March 2018.

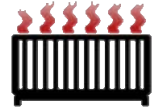
Contact Us

Telephone: 01856 821 229 E-mail: info@rewdt.org Website: www.rewdt.org  Facebook: www.facebook.com/rewdt



Office Drop-In Times: 10am to 12 noon (Monday, Tuesday, Wednesday) - contact us to arrange an appointment outwith these times
Free Wi-Fi access (plus access to a laptop and printer) is available to use at the Trust Office during office drop-in times.

Rousay, Egilsay and Wyre Development Trust is a charitable company limited by guarantee.
Co. Reg. No: SC318527 Charity Reg. No: SC040407 Registered Office: The Manse, Rousay, Orkney, KW17 2PR



Heat Smart Orkney Ltd

DIVERTING UNUSED RENEWABLE ENERGY INTO AFFORDABLE HEATING

For more information or to join the project contact us:

Phone: **01856 821277**

Email: info@heatsmartorkney.co.uk

Alternatively, learn about our progress on **Facebook** by searching **Heat Smart Orkney** and on the web at www.rewdt.org/HSO



Rousay Stores Ltd.

Opening Hours

Monday (*) - 11.00 – 17.30
Tuesday – CLOSED
Wednesday (*) – 11.00 – 17.30
Thursday 11.00 – 17.30
Friday – 11.00 – 17.30
Saturday – 11.00 – 14.00
Sunday – CLOSED

(*) PLEASE NOTE DUE TO FERRY TIMES IT MAY BE NEARER 11.30

- Fresh and frozen products available.
- Gas, Coal, Peat, Wood, Petrol, Diesel.

- Order and delivery service available.

- Save yourself the ferry and transport costs come and see me.
- Egilsay and Wyre Ordering Service Available – Collect from boat.

- Always Happy To Help –

- Any Questions please contact -

Alan direct – 01856 821365, Mob / Text – 07415411834

Follow us on Face Book.

New Fuel Prices

As a vital service to the islanders and to continue to provide a quality service, working with the support of the REWDT we are able to provide Petrol & Diesel at a much cheaper rate which is in line with town prices.

Please ask for more details.





Allotment Association

Plots are available now and the equipment is still available for hire. For information about the allotment plots, poly-tunnel plots or equipment hire, please contact Ian on 07879 496686.

Happy gardening.



Surgery Opening Times (Tel.: 821265)

GP present on Monday and Friday until 11AM, and all day Wednesdays.

The times below are the hours when the office is staffed.

Monday	9:00-13:00	
Tuesday		14:00-18:00
Wednesday	9:00-11:00	16:00-18:00
Thursday	11:00-15:00	
Friday	9:00-11:00	16:00-18:00

If you require medical assistance in an emergency, please phone **999**. If you require urgent medical advice, and cannot wait until the surgery is open, please contact the Balfour switchboard on **888000** and ask them to page the Rousay Nurse Practitioner.

Practice Meetings

The surgery staff has a meeting on the first Wednesday of every month, between 10 and 11AM. This means the phones will not be answered during this time. You are welcome to leave a message on the answering machine and we will get back to you as soon as we can. If it is an emergency, please follow the instructions above for paging the Nurse Practitioner.

Collecting Prescriptions

Whenever possible, please try to collect these during scheduled opening hours, when Dispensers/ Reception staff are in the office. If you are unable to come during opening hours, please let us know, and we will make other arrangements.

If you use our advance ordering system, please note that we would prefer that you phone ahead so that we can have your prescriptions ready, as we may be busy when you arrive.

Hospital stays

Please remember to contact the surgery when you are released from hospital. We are not usually told by the hospitals, so we rely on patients letting us know themselves. If you have been given a letter, please bring it along, or ask someone to do it for you. This is especially important if any changes have been made to your medication during your stay. Thank you.

Stephen Clackson's Letter from School Place

I have now received a reply from Mr Humza Yousaf, Scottish Minister for Transport & the Islands, to my letter about Orkney's place in the "fairer Scotland". In his reply he claims "the Scottish Government has treated local government very fairly" (sic), repeats that "responsibility for internal ferries remains with the local authority" and studiously avoids addressing my question about "where, exactly, we fit into your 'fairer' Scotland". As you will have heard through the media, a lot has been going on to try and secure the ferry funding we deserve. OIC has been in intensive negotiations. And our MSP, Liam McArthur, supported by Shetland MSP, Tavish Scott, moved a debate in the Scottish Parliament calling on the Scottish Government to set out how it intends to honour its "commitments in relation to Orkney and Shetland internal ferry services", at which Mr Yousaf's Government amendment was defeated, sending a clear message from the opposition parties declaring what they expect the ministers to do. As Conservative MSP, Jamie Halcro-Johnston said: "Those who live on the islands that make up the Northern Isles deserve reliable and sustainable ferry services." Tavish wound up the debate by saying something that has long needed voicing in public: "When a part of Scotland does not vote for the SNP, rejects independence, that is not a reason for political, economic or financial discrimination"! Nevertheless, in its draft budget, Government Scotland has stuck to its discriminatory policy. I am preparing a response to Mr Yousaf's reply to me, in which I shall make clear that, as Scottish Minister for Transport & the Islands, he is responsible for all Scottish islands, not only those in areas that have elected members of his own political party, and that such blatant discriminatory behaviour by a party in government is utterly unacceptable in a civilised, democratic society.

This month, I have been travelling a lot, representing OIC on various bodies they've appointed me to: to Inverness for a meeting of the Highlands & Islands Science Skills Academy Leadership Board, to Edinburgh for my first meeting of the Scottish Councils Committee on Radioactive Substances, to Thurso for a meeting of the Dounreay Stakeholder Group, and, on behalf of the Orkney College Management Council, back to Inverness for an all-day University of the Highlands & Islands strategy workshop. Whilst in Edinburgh, I took the opportunity to visit the Scottish Parliament:



In the chamber of the Scottish Parliament (flanked by my Caithnessian bodyguards)

Back in Orkney, I have attended a meeting of the Policy & Resources Committee (where I requested—as I have at meetings of the Education, Leisure & Housing and Orkney Health & Care committees—that recruitment & retention monitoring reports also include figures for non-permanent staff); the General Meeting rounding off the last committee cycle of 2017, and a charring training session. I was also at a meeting with Police Scotland's new Area Commander for Orkney, Chief Inspector Matt Webb, at which I spoke about the challenges of policing in the Isles and stressed the importance of good community relations and active, friendly engagement with members of the Isles' public.

Now the National Union of Rail, Maritime and Transport Workers (RMT) has backed industrial action at Orkney Ferries, life will become much more difficult for everyone living in the Isles, but I doubt it will have any impact where it really matters—in Holyrood. Were they to call the Edinburgh bus and tram drivers out on strike, then maybe the message might get through!

Let us hope that 2018 will bring a resolution to our ferry problem. The alternative is too catastrophic to contemplate.

Happy New Year!

Cllr Dr Stephen Clackson
West Manse, Sanday
stephen.clackson@council.orkney.gov.uk
"Letter from School Place" is available for downloading at fsp.pbworks.com